

## Reflect

Served from 8am to 11am

### Squash & Mushroom Omelet\*

-295 Calories-

Egg White | Turkey Bacon  
Low Fat Mozzarella | Fire Roasted Salsa  
12

### Organic Steel Cut Oatmeal

-545 Calories-

Dried Fruits | Toasted Walnuts | Soy Milk  
7

### Revive Parfait

-615 Calories-

Organic honey yogurt with berries  
House granola | Mint Grapefruit salad  
10

### Smoked Atlantic Salmon\*

-323 Calories-

Tossed with Capers | Red Onion | Hard Boiled Egg  
Horseradish Cream | Baked Bagel Chips  
12

## Small Bites

### Sweet Potato

#### French Fries

-400 Calories

Chipotle Aioli

4

### Baked Tortilla Chips

-492 Calories

Salsa and Guacamole

9

### Marinated Queen

#### Creek Olives

-776 Calories

Smoked Almonds

6

### Edamame

-187 Calories

Maldon Sea Salt

5



\*These items are served cooked to order and can be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. In regard to the safety of these items written information is available upon request.

## Rejuvenate

### Revive Spa Herb Garden Salad

-330 Calories-

Chef's daily creation using ingredients from our garden

9

Add Grilled Chicken 5 or Shrimp\* 7

-280 Calories or 135 Calories-

### Pho Noodle Soup\*

-475 Calories-

Prawns | Udon Noodles | Tofu  
Shiitake Mushrooms | Bok Choy  
Ginger- Mushroom Broth

13

### Chicken Lettuce Wraps

-250 Calories-

Bibb Lettuce Wraps | Peppers | Onions  
Guacamole | Fire Roasted Salsa

10

### Ahi Tuna Tartar Tacos

-375 Calories-

Crispy Wontons shell | Lime Cucumber slaw  
Sesame Ginger Dressing

11

### Roasted Garlic Hummus

-539 Calories-

Grilled Wheat Pita | Garden Vegetables | Feta

9

Add Grilled Chicken 5 or Shrimp\* 7

-280 Calories or 135 Calories-

### Grilled Tofu & Forest Mushrooms

-300 Calories-

Bibb Lettuce | Oven Roasted Tomatoes | Squash  
Black Mesa Ranch Goat Cheese | Gremolata

9

### Revive Soup

Daily Chef's Creation

7

### Spa Bistro Signature Dishes

Please no Cell Phone use in the Revive Spa. We are pleased to accommodate all dietary needs and restrictions. Gluten free items are available, please inquire with your server.

## Indulge

All sandwiches are served with your choice of Sweet Potato Fries or Vegetable Chips

### Bistro Cheese Burger\*

-854 Calories with the fries-

Angus Beef | Avocado | Bibb lettuce  
Vine ripen tomato | Grilled red onion

14

### Tuna Salad Wrap

-656 Calories-

Whole Wheat Tortilla | Queen Creek olives  
Sun Dried tomatoes

12

### Black Bean and Quinoa Vegetarian Burger

-600 Calories-

Multigrain Bun | Roasted Peppers  
English cucumber | Avocado

11

### Chicken Salad Wrap

-620 Calories-

Spinach tortilla | Raisins | Chipotle mayonnaise

12

### Mediterranean Sandwich

-335 Calories-

Sun dried tomatoes | Cucumber  
Papadew peppers | Feta cheese | Squash  
Roasted pepper hummus spread  
9 grain bread

11

## Relax

### Chocolate Hazelnut Torte

-250 Calories-

Vanilla Wafer  
Madagascar Dark  
Chocolate Sorbet

6

### Fruit Plate

-299 Calories-

Seasonal slice fruit  
Berries | Grapes

11

### Coconut Tapioca Pannacotta

-300 Calories

Pineapple & Passion  
Fruit Compote

6

### Bowl of Berries

-104 Calories-

Whipped Honey  
Yogurt

8